


Kursplan: Vacustyler

03.08.2020 - 09.08.2020

Impuls Fitnessclub
 Bremer Heerstraße 424
 26135 Oldenburg
 0441 9989900
 info@fit-in-oldenburg.de



Montag 03.08.2020	Dienstag 04.08.2020	Mittwoch 05.08.2020	Donnerstag 06.08.2020	Freitag 07.08.2020	Samstag 08.08.2020	Sonntag 09.08.2020
08:00 - 08:30 Medical Vacustyler	07:00 - 07:30 Medical Vacustyler	08:00 - 08:30 Medical Vacustyler	07:00 - 07:30 Medical Vacustyler	08:00 - 08:30 Medical Vacustyler	09:00 - 09:30 Medical Vacustyler	09:00 - 09:30 Medical Vacustyler
08:30 - 09:00 Medical Vacustyler	07:30 - 08:00 Medical Vacustyler	08:30 - 09:00 Medical Vacustyler	07:30 - 08:00 Medical Vacustyler	08:30 - 09:00 Medical Vacustyler	09:30 - 10:00 Medical Vacustyler	09:30 - 10:00 Medical Vacustyler
09:00 - 09:30 Medical Vacustyler	08:00 - 08:30 Medical Vacustyler	09:00 - 09:30 Medical Vacustyler	08:00 - 08:30 Medical Vacustyler	09:00 - 09:30 Medical Vacustyler	10:00 - 10:30 Medical Vacustyler	10:00 - 10:30 Medical Vacustyler
09:30 - 10:00 Medical Vacustyler	08:30 - 09:00 Medical Vacustyler	09:30 - 10:00 Medical Vacustyler	08:30 - 09:00 Medical Vacustyler	09:30 - 10:00 Medical Vacustyler	10:30 - 11:00 Medical Vacustyler	10:30 - 11:00 Medical Vacustyler
10:00 - 10:30 Medical Vacustyler	09:00 - 09:30 Medical Vacustyler	10:00 - 10:30 Medical Vacustyler	09:00 - 09:30 Medical Vacustyler	10:00 - 10:30 Medical Vacustyler	11:00 - 11:30 Medical Vacustyler	11:00 - 11:30 Medical Vacustyler
10:30 - 11:00 Medical Vacustyler	09:30 - 10:00 Medical Vacustyler	10:30 - 11:00 Medical Vacustyler	09:30 - 10:00 Medical Vacustyler	10:30 - 11:00 Medical Vacustyler	11:30 - 12:00 Medical Vacustyler	11:30 - 12:00 Medical Vacustyler
11:00 - 11:30 Medical Vacustyler	10:00 - 10:30 Medical Vacustyler	11:00 - 11:30 Medical Vacustyler	10:00 - 10:30 Medical Vacustyler	11:00 - 11:30 Medical Vacustyler	12:00 - 12:30 Medical Vacustyler	12:00 - 12:30 Medical Vacustyler
11:30 - 12:00 Medical Vacustyler	10:30 - 11:00 Medical Vacustyler	11:30 - 12:00 Medical Vacustyler	10:30 - 11:00 Medical Vacustyler	11:30 - 12:00 Medical Vacustyler	12:30 - 13:00 Medical Vacustyler	12:30 - 13:00 Medical Vacustyler
12:00 - 12:30 Medical Vacustyler	11:00 - 11:30 Medical Vacustyler	12:00 - 12:30 Medical Vacustyler	11:00 - 11:30 Medical Vacustyler	12:00 - 12:30 Medical Vacustyler	13:00 - 13:30 Medical Vacustyler	13:00 - 13:30 Medical Vacustyler
12:30 - 13:00 Medical Vacustyler	11:30 - 12:00 Medical Vacustyler	12:30 - 13:00 Medical Vacustyler	11:30 - 12:00 Medical Vacustyler	12:30 - 13:00 Medical Vacustyler	13:30 - 14:00 Medical Vacustyler	13:30 - 14:00 Medical Vacustyler
13:00 - 13:30 Medical Vacustyler	12:00 - 12:30 Medical Vacustyler	13:00 - 13:30 Medical Vacustyler	12:00 - 12:30 Medical Vacustyler	13:00 - 13:30 Medical Vacustyler	14:00 - 14:30 Medical Vacustyler	14:00 - 14:30 Medical Vacustyler

-  Ausdauer
-  Damensaua
-  Dance & Fun
-  Entspannung
-  Figur
-  Gesundheit
-  Kraft
-  Trainingsfläche

Stand: 04.08.2020

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13:30 - 14:00 Medical Vacustyler	12:30 - 13:00 Medical Vacustyler	13:30 - 14:00 Medical Vacustyler	12:30 - 13:00 Medical Vacustyler	13:30 - 14:00 Medical Vacustyler	14:30 - 15:00 Medical Vacustyler	14:30 - 15:00 Medical Vacustyler
14:00 - 14:30 Medical Vacustyler	13:00 - 13:30 Medical Vacustyler	14:00 - 14:30 Medical Vacustyler	13:00 - 13:30 Medical Vacustyler	14:00 - 14:30 Medical Vacustyler	15:00 - 15:30 Medical Vacustyler	15:00 - 15:30 Medical Vacustyler
14:30 - 15:00 Medical Vacustyler	13:30 - 14:00 Medical Vacustyler	14:30 - 15:00 Medical Vacustyler	13:30 - 14:00 Medical Vacustyler	14:30 - 15:00 Medical Vacustyler	15:30 - 16:00 Medical Vacustyler	15:30 - 16:00 Medical Vacustyler
15:00 - 15:30 Medical Vacustyler	14:00 - 14:30 Medical Vacustyler	15:00 - 15:30 Medical Vacustyler	14:00 - 14:30 Medical Vacustyler	15:00 - 15:30 Medical Vacustyler	16:00 - 16:30 Medical Vacustyler	16:00 - 16:30 Medical Vacustyler
15:30 - 16:00 Medical Vacustyler	14:30 - 15:00 Medical Vacustyler	15:30 - 16:00 Medical Vacustyler	14:30 - 15:00 Medical Vacustyler	15:30 - 16:00 Medical Vacustyler	16:30 - 17:00 Medical Vacustyler	16:30 - 17:00 Medical Vacustyler
16:00 - 16:30 Medical Vacustyler	15:00 - 15:30 Medical Vacustyler	16:00 - 16:30 Medical Vacustyler	15:00 - 15:30 Medical Vacustyler	16:00 - 16:30 Medical Vacustyler	17:00 - 17:30 Medical Vacustyler	17:00 - 17:30 Medical Vacustyler
16:30 - 17:00 Medical Vacustyler	15:30 - 16:00 Medical Vacustyler	16:30 - 17:00 Medical Vacustyler	15:30 - 16:00 Medical Vacustyler	16:30 - 17:00 Medical Vacustyler	17:30 - 18:00 Medical Vacustyler	17:30 - 18:00 Medical Vacustyler
17:00 - 17:30 Medical Vacustyler	16:00 - 16:30 Medical Vacustyler	17:00 - 17:30 Medical Vacustyler	16:00 - 16:30 Medical Vacustyler	17:00 - 17:30 Medical Vacustyler	18:00 - 18:30 Medical Vacustyler	18:00 - 18:30 Medical Vacustyler
17:30 - 18:00 Medical Vacustyler	16:30 - 17:00 Medical Vacustyler	17:30 - 18:00 Medical Vacustyler	16:30 - 17:00 Medical Vacustyler	17:30 - 18:00 Medical Vacustyler		
18:00 - 18:30 Medical Vacustyler	17:00 - 17:30 Medical Vacustyler	18:00 - 18:30 Medical Vacustyler	17:00 - 17:30 Medical Vacustyler	18:00 - 18:30 Medical Vacustyler		
18:30 - 19:00 Medical Vacustyler	17:30 - 18:00 Medical Vacustyler	18:30 - 19:00 Medical Vacustyler	17:30 - 18:00 Medical Vacustyler	18:30 - 19:00 Medical Vacustyler		

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19:00 - 19:30 Medical Vacustyler	18:00 - 18:30 Medical Vacustyler	19:00 - 19:30 Medical Vacustyler	18:00 - 18:30 Medical Vacustyler	19:00 - 19:30 Medical Vacustyler		
19:30 - 20:00 Medical Vacustyler	18:30 - 19:00 Medical Vacustyler	19:30 - 20:00 Medical Vacustyler	18:30 - 19:00 Medical Vacustyler	19:30 - 20:00 Medical Vacustyler		
20:00 - 20:30 Medical Vacustyler	19:00 - 19:30 Medical Vacustyler	20:00 - 20:30 Medical Vacustyler	19:00 - 19:30 Medical Vacustyler	20:00 - 20:30 Medical Vacustyler		
20:30 - 21:00 Medical Vacustyler	19:30 - 20:00 Medical Vacustyler	20:30 - 21:00 Medical Vacustyler	19:30 - 20:00 Medical Vacustyler	20:30 - 21:00 Medical Vacustyler		
21:00 - 21:30 Medical Vacustyler	20:00 - 20:30 Medical Vacustyler	21:00 - 21:30 Medical Vacustyler	20:00 - 20:30 Medical Vacustyler	21:00 - 21:30 Medical Vacustyler		
	20:30 - 21:00 Medical Vacustyler		20:30 - 21:00 Medical Vacustyler			
	21:00 - 21:30 Medical Vacustyler		21:00 - 21:30 Medical Vacustyler			

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